

Simple tips, instructions and guidelines for iPro2 use

Blood glucose (BG) testing

On the **first day**:

- Take your first BG meter reading at least 1 hour after you leave the connection meeting.
- Take a second BG meter reading at least 3 hours after you leave the connection meeting.
- Collect at least one more meter reading before going to bed.

All other days:

- Collect at least 4 BG meter readings each day, such as before breakfast, lunch, dinner, and bedtime.
- Do not change any settings on your meter during the study, even if a daylight savings time change occurs.
- Use the same blood glucose meter for all BG meter readings.
- Do not let anyone else use your meter during the study.
- Do not use control solution during the study.

Care and wearing

- Live your life with your normal behaviors. If you normally exercise, then exercise.
- Keep tape over the sensor and iPro2 to prevent accidental removal or sensor movement. If the sensor comes out even a small amount, it may stop working. If new tape is needed, just put it over the existing tape. If the sensor comes out, place the sensor and iPro2 into a plastic resealable bag and notify your study contact, <insert name and contact information here>
- Check the site 4 times a day to ensure that the sensor and iPro2 are firmly connected, the sensor is still fully inserted, and there is no bleeding or irritation.
 - If the sensor is partly pulled out, attempt to gently push it back into place.
Remove the sensor if you have redness, pain, tenderness, or swelling at the site, and notify your physician's office.
- You may shower and swim while wearing the iPro2 and sensor. The iPro2 is watertight at a depth of up to 2.4 meters (8 feet) for 30 minutes. There is no time limit if you are swimming on the surface of a pool or showering.