Lab Tests for DayTwo

Providing your HbA1c blood test results is highly recommended. Please provide results from the last 6 months.

Following is a list of lab test results that you are asked to provide. While not mandatory, your blood test results can help us provide you with better food recommendations.

Please provide us with the following blood test results if you took them within the previous 12 months.

- HDL cholesterol
- Total cholesterol
- TSH (thyroid-stimulating hormone)
- Fasting glucose
- Fasting triglycerides
- Glucose tolerance test (GTT)
- ALT (SGPT)
- AST (SGOT)
- Alkaline phosphatase
- Total Bilirubin
- Total protein
- Albumin
- INR